



Richard P. St. Sauveur
Chief of Police

SMITHFIELD POLICE DEPARTMENT

215 Pleasant View Avenue
Smithfield, Rhode Island 02917
(401) 231-2500

Female Self-Defense Course 2017

The Smithfield Police Department is now accepting applications for enrollment into the Female Self-Defense Course, which consists of a Six (6) week self-defense program geared towards women ages fifteen (15) and up. Participants will meet on Thursday evenings from 6:00 to 8:00 p.m. starting Thursday, May 18, 2017.

The course is offered free of charge to Smithfield High School students, any Smithfield residents or employee of a business in Smithfield who is at least fifteen (15) years of age. This hands-on course will teach participants on how to avoid being targeted and what action to take if selected as a victim. Seating is limited and will be on a first-come-first-served basis.

Applications are available at the Smithfield Police Department or online at our website (www.smithfieldpd.com). You can also visit us on facebook (<http://www.facebook.com/smithfieldpolice>).

Completed applications should be returned to the Smithfield Police Department no later than **Monday, May 15, 2017.**

**For more information about
the Smithfield Police Departments**

Community Policing Programs,

feel free to contact

Community Police Officers

Paul Gorman

Jon Ricciarelli

during normal business hours

(401) 231-2500 ext. 202.

**Please contact Officer Gorman if you have
any questions regarding this course. He can
be reached at 231-2500 ext. 202 or
pgorman@smithfieldpd.com.**

Smithfield Police Department

*215 Pleasant View Avenue
Smithfield, Rhode Island 02917-1799*



Female Self-Defense Course 2017

Tel: (401) 231-2500 ext. 202

Fax: (401) 231-1641

Visit us at: www.smithfieldpd.com

or

<http://www.facebook.com/smithfieldpolice>

Applicant Information Booklet

WHAT IS COMMON SENSE SELF-DEFENSE?

This self-defense course is for any female **ages 15 and up** who is interested in self-defense. This course is not intended to turn participants into martial art experts; rather, it is geared to educate participants on how to avoid being targeted and what action to take if selected as a victim.

GERNERAL INFORMATION

Robert Salisbury owner of RI Fitness & Martial Arts has been selected to instruct this self-defense course, which will run for Six (6) sessions to be held on Thursday evenings, starting **May 18, 2017** from 6:00 p.m. to 8:00 p.m. To enroll, applicants must complete this *Registration Form* and a *Release of Liability Form* which must be completed before or at the first session. Applicants will receive notification informing them of their acceptance once their application has been processed. Seating is limited and will be on a first-come-first-serve basis. Deadline to apply is **Monday, May15, 2017. Please return this application to the Smithfield Police Department or email it to pgorman@smithfieldpd.com**

The Smithfield Police Department does not discriminate on the basis of race, color, national origin, religion, sex, disability, and age in its delivery of services or benefits. Reasonable accommodations are made for persons with Limited English Proficiency (LEP)

REGISTRATION FORM

PLEASE PRINT or TYPE

NAME (Last, First, Middle Initial):

Street Address:

City:

State:

ZIP

Home Phone

Cell Phone

E-Mail address

Date of Birth:

School (if applicable)

Grade (if applicable)

Parents / Guardian Signature (if under 18)

Participant Signature:

Date:



SMITHFIELD POLICE DEPARTMENT

Female Self-Defense



RELEASE OF LIABILITY

I, _____, date of birth, _____, do hereby acknowledge and assume any and all risk, chance or hazard of physical and mental injury, as well as property damage which may result to me in connection with my voluntary participation in any Female Self-Defense with the Smithfield Police Department.

I also remise, release and forever discharge and quitclaim unto the Town of Smithfield, the Smithfield Police Department, and their duly authorized agents, servants and employees, their heirs, executors, administrators, successors and assigns from any and all manner of actions, cause of action, debts, obligations, claims or demands, both in law and in equity which I now have, ever had or in the future may have against the Town of Smithfield and the Smithfield Police Department, as a result of my participation in the voluntary Female Self-Defense or by reason of any other matter or thing.

I further acknowledge that I have carefully read the foregoing release and know the contents thereof, and I sign the same as my free act and deed.

Signature

Date

Signature **If under 18** (Parent/Guardian)

Date